

BALTI DISHES



Balti is deep dish in which the food is prepared. The curry differs from normal curries because the exotic collection of fresh spices and herbs are used, creating a thicker richer and distinctive flavour. All balti dishes are freshly made and can be prepared mild, medium, hotoor very hot. Balti dishes are served with nan bread.

RAJAH SPECIAL BALTI	£9.95
BALTI CHICKEN / LAMB TIKKA MOSSALA	£8.95
ACHARI MURGH TIKKA BALTI	£8.95
CHICKEN / LAMB TIKKA BALTI	£7.95
KING PRAWN BALTI	£9.95
PRAWN BALTI	£8.95
FISH BALTI (Rubi)	£10.95
VEGETABLE BALTI	£6.95

KARAHI DISHES

Tender pieces of boneless chicken, lamb or prawn served in the karahi (cast iron dish) fairly dry, garnished with coriander and tomatoes

KARAHI CHICKEN / LAMB	£5.95
KARAHI CHICKEN / LAMB TIKKA	£6.95
GARLIC CHILLI CHICKEN / LAMB	£6.50
KARAHI KING PRAWN	£8.95
KARAHI PRAWN	£7.95
KARAHI VEGETABLE	£5.50

BIRIANY DISHES

Chicken, lamb or prawn cooked together with pilau rice and delicate spices, complete with vegetable curry

RAJAH SPECIAL BIRIANY	£9.95
CHICKEN / LAMB BIRIANY	£6.95
CHICKEN / LAMB TIKKA BIRIANY	£7.95
KING PRAWN BIRIANY	£8.95
PRAWN BIRIANY	£7.95
VEGETABLE BIRIANY	£5.95

BANGLADESHI SPECIALTIES

Chicken, lamb, prawn or king prawn cooked with very tasty seeds of Bangladashi runner beans flavoured with green chillies, coriander and spices Highly recommended

CHICKEN / LAMB TIKKA GATTA	£6.95
BIRAN MASS GATTA contain some bone	£8.95
KING PRAWN GATTA	£8.95
PRAWN GATTA	£7.95

BANGLADESHI FISH DISH

FISH KOFTA CURRY	£7.95
Minced fish cubes cooked in medium sauce	
FISH CURRY	£7.95
Rubi fish cooked in medium hot sauce, contains some bone	
BIRAN MASS MOSSALA	£8.95
Sliced rohi fish spiced and flavoured with green pepper, spring onion and fresh coriander, contains some bone	
RUP CHANDA MOSSALA	£8.95
Salt water fish cooked in medium hot sauce with green pepper, spring onion and fresh coriander	
FISH KOFTA MOSSALA	£8.95
Minced fish in cube cooked with fresh herbs, spices, spring onion, green pepper and coriander	

BANGLADESHI VEGETARIAN DISHES

BEGUN TOMATOE JHOOL	£5.95
Aubergine and tomatoes baked in clay oven then cooked with fresh garlic, herbs and spices	
SAG UREEBISI GATTA	£6.50
Spinach and runner beans seeds cooked in medium spicy sauce	
BHINDI DHAL GATTA	£5.95
Okra and lentils cooked in mild spice	
SHOBI GARLIC	£6.50
Fresh mushroom, potatoes and cauliflower cooked in special spice and herbs, garnished with coriander	
BHINDI BENDEA	£5.95
Fresh okra sliced in small pieces cooked in sweet, sour and fairly hot sauce	
VEGETABLE DOOM	£5.95
Mixed vegetable cooked in mild creamy mossala sauce	

VEGETABLE SIDE DISHES

BOMBAY ALOO	£2.50
SAG ALOO Spinach and potatoes	£2.65
ALOO GOBI Potatoes and cauliflower	£2.50
SAG BHAJI Spinach	£2.65
SAG PONEER Spinach and cheese	£2.65
CHANA MOSSALA Chick peas	£2.50
BHINDI BHAJI Okra	£2.65
BRINJAL BHAJI Aubergine	£2.50
CAULIFLOWER BHAJI	£2.50
MUSHROOM BHAJI	£2.65
VEGETABLE BHAJI	£2.50
VEGETABLE CURRY	£2.50
TARKA DHALL Lentils with fried garlic	£2.50
DHALL MOSSALA Thick lentils	£2.65

RICE AND BREADS

PLAIN RICE (Long grain)	£1.75
PILAU RICE (Basmati)	£1.95
MUSHROOM RICE	£2.50
COCONUT RICE	£2.50
LEMON RICE	£2.50
KEEMA RICE (Minced lamb)	£2.50
SPECIAL RICE (Egg and peas)	£2.50
VEGETABLE RICE	£2.50
NAN	£1.95
PESHWARI NAN	£2.25
GARLIC NAN	£2.25
KEEMA NAN	£2.50
KULCHA NAN	£2.25
STUFFED NAN	£2.25
SAG NAN	£2.25
CHEESE NAN	£2.50
TANDOORI ROTI	£1.95
STUFFED PARATHA	£2.50
PARATHA	£2.15
CHAPATI	£1.00
RAITHA	£1.10
CUCUMBER RAITHA	£1.20
MIX RAITHA	£1.20
GREEN SALAD	£1.50

A warm welcome awaits you



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40 HIGHBRIDGE STREET
WALTHAM ABBEY
TEL: 01992 769499 / 769144

STARTERS NON - VEGETARIAN



MIXED STARTER	£3.50
Chicken tikka, meat tikka and sheek kebab, served with green salad and fried onion	
TANDOORI CHICKEN	£2.95
A quarter piece of chicken marinated in a special blend of spices and yoghurt cooked in charcoal clay oven served with green salad and fried onion	
CHICKEN / LAMB TIKKA	£2.95
Succulent pieces of chicken / lamb marinated with special blend of spices and yoghurt cooked in charcoal clay oven, served with green salad and fried onion	
CHICKEN PAKORA	£2.95
Pieces of chicken tikka encased in thin spicy pastry made of gram flour. Then deep fried, served with green salad	
CHICKEN CHAT	£3.25
Boneless pieces of breast chicken cooked with chat mossaala spices from a variety of fruits served in medium sauce	
CHICKEN / LAMB TIKKA PUREE	£3.50
Chicken or lamb tikka cooked with our own recipe, served with puree bread	
SHEEK KEBAB	£2.95
Minced lamb blended with variety of spices grilled in charcoal clay oven, served with green salad and fried onion	
SHAMI KEBAB	£2.95
Flattened shaped minced lamb shallow fried in oil with aromatic spices, served with omelette on top	
HARYALI CHICKEN	£2.95
Boneless pieces of breast chicken cooked in green sauce	
NAN ROLL	£2.95
Minced lamb mixed with fresh herbs wrapped in nan bread, cooked in charcoal clay oven	
MEAT SOMOSA	£2.50
Triangle shaped pastry stuffed with spiced minced lamb, served with salad	
DUCK SPECIAL SIZZLER	£2.95
Succulent pieces of duck breast marinated with special blend of spices and yoghurt cooked in charcoal clay oven served in a sizzler with fried onion, green pepper and coriander	

VEGETARIAN

VEGETABLE TIKKA	£2.50
Courgette, mushroom, green pepper, tomatoes and onions grilled in charcoal clay oven, served with green salad and fried onion	
ONION BHAJI	£2.50
Mixture of onions, lentils and flour deep fried in oil, served with green salad	
ALOO CHAT	£2.50
Pieces of potatoes cooked with chat mossaala, spices from variety of fruits, served in medium sauce	
MUSHROOM & GARLIC PUREE	£3.25
Pieces of mushroom fried with fresh garlic and fresh herbs, served on top of puree bread	
DHAL SOUP	£2.50
Spicy lentil soup	
SAG PANEER ROLL	£2.50
Lightly spiced spinach and cheese stuffed in pastry and deep fried, served with salad	
VEGETABLE SOMOSA	£2.50
Triangle shaped pastry stuffed with medium spice mixed vegetable, deep fried, served with green salad	
UREEBISI BIRAN	£2.50
Runner beans seeds fried with onion lightly spiced, served in sauce	

FISH SPECIALITIES

FISH KUFTA	£2.95
Minced fish	
BIRAN MASS	£2.95
Fried rubi fish, contains some bone	
Sliver of Bangladeshi rubi fish marinated in spices and fresh herbs then gently fried, served with fried onions	
KING PRAWN BUTTERFLY	£3.50
A large size prawn cut opened in a shape of a butterfly coated in bread crumbs and shallow fried, served with green salad	
KING PRAWN PUREE	£3.95
A large size prawn cooked with onion, chillies and spices, served on a puree bread	
TANDOORI KING PRAWN	£3.95
Marinated in yoghurt fresh spices and herbs cooked in charcoal oven	
PRAWN PUREE	£2.95
Prawn cooked with onion, chillies and spices, served on a puree bread	
PRAWN COCKTAIL	£2.50
Prawn in cocktail sauce and salad	
PAPADOM Plain / Spicy	£0.50
CHUTNEY Per head	£0.50

TANDOORI DISHES

All tandoori dishes are marinated in yoghurt,
individually spiced and cooked in charcoal clay oven



VEGETABLE TIKKA	£4.50
Courgette, mushroom, green pepper, onion and tomatoes	
TANDOORI CHICKEN (Half)	£5.50
CHICKEN / LAMB TIKKA	£5.50
CHICKEN / LAMB SHASHLICK	£7.50
CHICKEN SIZZLER JULIETTE	£9.95
Chicken served in cast iron sizzler with green pepper, onion, tomatoes and flaming brandy	
TANDOORI KING PRAWN	£9.95
TANDOORI MIX GRILL	£9.95
TANDOORI RUP CHANDA (Fish)	£8.95
Salt water fish from Bangladesh, contains just middle bone	

HOUSE SPECIALITIES

CHICKEN / LAMB TIKKA MOSSALA	£7.50
The most famous dish. Selected pieces of chicken or lamb marinated with special herbs and spices grilled in charcoal clay oven then cooked with mild spices, almond, coconut and fresh cream	
MURGH MAKHANI	£7.50
Chicken tikka cooked with yoghurt, fresh cream and special sauce and nuts (mild)	
CHICKEN / LAMB PASANDA	£7.50
Delicately flavoured mild dish cooked with fresh cream, ground almonds and red wine	
TANDOORI KING PRAWN MOSSALA	£10.95
Large prawns marinated in yoghurt with special herbs and spices, grilled in charcoal clay oven then cooked in mild spices, almond, coconut and fresh cream	
HARYALI CHICKEN	£7.95
Selected pieces of chicken diced and marinated in a green sauce	
NEPAL KING PRAWN	£9.95
Large prawn marinated in yoghurt, fresh spices, and herbs grilled in charcoal clay oven, then cooked with chopped tomatoes and green pepper in medium thick sauce	
KHULNAR KING PRAWN	£10.95
Large prawn grilled in shell then delicately spiced with herbs in a thick sauce	
CHICKEN RAJANI GANDA	£8.50
Grilled chicken cooked in a medium sauce garnished with fresh tomatoes, green pepper, onions and aromatic spices	
RAJ MURGH STICK	£8.50
A deliciously mild dish of tandoori grilled selected chicken pieces cooked in a delicate sauce with cream, ground almonds, butter, aromatic spices and yoghurt	
CHICKEN / LAMB TIKKA JEERA	£7.95
Medium flavoured, combination of exotic fragrant spices and tumin seeds	
CHICKEN / LAMB TIKKA JALFREZI	£7.95
Fairly hot dish cooked with green chillies	
DUCK JALFREZI	£8.95
Fairly hot dish cooked with green chillies	

CHEF'S SPECIALS

CHEF'S SPECIAL CHICKEN	£7.95
Boneless pieces of breast chicken chopped in small portions then cooked with fresh green pepper, spring onion, tomatoes and coriander	
RAJAH SAGWA	£8.95
Chicken or lamb tikka cooked with minced lamb, spinach, green pepper, tomatoes, and coriander, Medium, chef's special sauce	
CHICKEN / LAMB TIKKA ORANGENA	£8.95
Orange flavour cooked with home made spices sweet and sour sauce with drizzled honey	
SHOSHORE RAJAH CHINGRI	£9.95
Large prawns cooked in chef's special hot sauce, contains fresh green chillies, ginger, garlic and mustard seed	
DUCK SWEET CHILLI	£8.95
Breast pieces of duck marinated in yoghurt fresh spices and herbs cooked in charcoal clay oven then cooked with fresh green chillies, green pepper, onion and tomatoes	

POULTRY



CHICKEN / LAMB KORMA	£5.50
Very mild, cooked in mild spices, coconut cream and fresh cream	
CHICKEN / LAMB CURRY	£4.95
Medium sauce	
CHICKEN / LAMB MADRAS	£4.95
Fairly hot sauce	
CHICKEN / LAMB VINDALOO	£4.95
Very hot, thick sauce served with potatoes	
CHICKEN / LAMB BHUNA	£4.95
Medium fairly dry, spiced and garnished with tomatoes	
CHICKEN / LAMB DUPIAZA	£5.50
Medium cooked with lots of onions garnished with green pepper	
CHICKEN / LAMB ROGON	£5.50
Highly spiced thick sauce cooked in lots of tomatoes	
CHICKEN / LAMB SAG	£5.50
Medium cooked with spinach	
CHICKEN / LAMB DHANSAK	£6.95
Hot, sweet and sour taste, cooked in lentils (includes pilau rice)	
CHICKEN / LAMB PATHIA	£6.95
Cooked in coconut flour thick sauce, hot, sweet and sour taste including pilau rice	

SEAFOOD DISHES

PRAWN KORMA	£6.50
Very mild, cooked in mild spices, coconut cream and fresh cream	
PRAWN CURRY	£5.95
Medium sauce	
PRAWN MADRAS	£5.95
Fairly hot sauce	
PRAWN VINDALOO	£5.95
Very hot, thick sauce served with potatoes	
PRAWN BHUNA	£5.95
Medium fairly dry, spiced and garnished with tomatoes	
PRAWN DUPIAZA	£6.50
Medium cooked with lots of onions, garnished with green pepper	
PRAWN ROGON	£6.50
Highly spiced thick sauce cooked in lots of tomatoes	
PRAWN SAG	£6.50
Medium cooked with spinach	
PRAWN JALFREZI	£6.95
Fairly hot cooked with green chilli and fresh ginger	
PRAWN DHANSAK	£7.95
Hot, sweet and sour taste cooked in lentils include pilau rice	
PRAWN PATHIA	£7.95
Cooked in coconut flour thick sauce, hot, sweet and sour taste including pilau rice	
KING PRAWN KORMA	£7.95
Very mild, cooked in mild spices, coconut cream and fresh cream	
KING PRAWN CURRY	£7.55
Medium sauce	
KING PRAWN MADRAS	£7.55
Fairly hot sauce	
KING PRAWN VINDALOO	£7.55
Very hot, thick sauce served with potatoes	
KING PRAWN BHUNA	£7.55
Medium fairly dry, spiced and garnished with tomatoes	
KING PRAWN JALFREZI	£8.50
Fairly hot cooked with green chilli and fresh ginger	
KING PRAWN SAG	£7.95
Medium cooked with spinach	
KING PRAWN DUPIAZA	£7.95
Medium cooked with lots of onions garnished with green pepper	
KING PRAWN ROGON	£7.95
Highly spiced thick sauce cooked in lots of tomatoes	
KING PRAWN DHANSAK	£8.95
Hot, sweet and sour taste cooked in lentils (includes pilau rice)	
KING PRAWN PATHIA	£8.95
Cooked in coconut flour thick sauce, hot, sweet and sour taste (includes pilau rice)	