

FRESH VEGETABLE SIDE DISHES

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| Mixed Vegetable Curry main dish | £3.90 |
| Mixed Vegetable Curry | £2.60 |
| Mixed Vegetable Curry | £2.60 |
| Mixed Vegetable Bhaji | £2.60 |
| Mushroom Curry | £2.60 |
| Bhindi Bhaji | £2.60 |
| Sag Bhaji spinach | £2.60 |
| Bombay Aloo | £2.60 |
| Aloo Peas Bhaji | £2.60 |
| Mushroom Bhaji | £2.60 |
| Cauliflower Bhaji | £2.60 |
| Brinjal Bhaji | £2.60 |
| Dal Tarka | £2.60 |
| Dal Masala | £2.60 |
| Onion Bhaji | £2.60 |
| Raita onion or cucumber | £2.10 |
| Chana Massala | £2.60 |
| Motor Panir | £2.60 |
| Aloo Gobi | £2.60 |
| Sag Aloo | £2.60 |
| Vegetable Mayle Cupta mild | £2.60 |
| Sag Panir | £2.60 |
| Dal Samba | £2.70 |

SUNDRIES

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|---------------------------|-------|
| Plain Rice | £1.90 |
| Pilau Rice | £2.00 |
| Peas Pilau | £2.30 |
| Lemon Rice | £2.30 |
| Coconut Rice | £2.30 |
| Mushroom Pilau | £2.90 |
| Vegetable Pilau | £2.90 |
| Special Fried Rice | £2.50 |
| Nan | £2.10 |
| Peshwari Nan | £2.30 |
| Garlic Nan | £2.30 |
| Keema Nan | £2.30 |
| Kulcha Nan | £2.30 |
| Paratha | £2.10 |
| Stuffed Paratha | £2.50 |
| Chips | £2.10 |
| Chapati | £1.10 |
| Butter Chapati | £1.30 |
| Puree | £1.80 |
| Papadum (Plain & Massala) | £0.60 |
| Chutney & Pickle (each) | £0.60 |

THALI DISHES

Chicken Thali

Chicken Pakora, Chicken Tikka Jalfrezi, Chicken Korma
Chicken Rogan, Pilau Rice, Nan & Raitha

£12.60

Balti Thali

Chicken Chat, Vegetable, Massala, Lamb Dopiazza
King Prawn Garlic, Stuffed Naan & Raitha

£12.80

Vegetable Thali

Selection of Aloo Gobi, Motor Panir, Dry Vegetables
Tarka Dall, Pilau Rice, Mixed Raitha and Nan

£11.60

Non Vegetable Thali

Pieces of Tandoori Chicken, Mutton Tikka, Chicken Tikka Massala
Lamb Pasanda, Pilau Rice, Mixed Raitha and Nan

£12.60

No. 1 Set Meal For 2 Persons

Lamb Biriani (without sauce), Chicken Bhuna
Vegetable Curry, Onion Bhaji, Nan

£14.90

No. 2 Set Meal For 2 Persons

Half Tandoori Chicken, Prawn Dupiazza, Tarka Dall
Special Fried Rice, Nan, 2 Papadum

£16.90

No. 3 Set Meal For 3 Persons

Chicken Tikka Massala, Lamb Curry, Sag Prawn, Special Fried Rice
Pilau Rice, Bombay Potatoes, Garlic Nan, Nan

£24.90

LIVE ENTERTAINMENT

24 February, 28 April, 30 June
25 August, 27 Oct, 24 Nov 2011



Opening Hours
7 days a week
6pm to 11.30pm
Sunday 1pm to 11pm

We accept all major credit cards



Customers can pay over the telephone by credit card
When ordering foods for home delivery

Takeaway menu

Muhinur Tandoori House

Fully licensed-Fully Air Conditioned

Banquet Night

6 Course Meal from our A La Carte Menu
Every Monday

Any Starter-Any Main Dish - Any Side Dish
Any Rice - Any Nan & Coffee
(King Prawns £2.90 Extra)

£10.95

FREE HOME DELIVERY

www.muhinurtandoorihouse.co.uk

SPECIAL OFFER

Free Bottle of House Wine
on order over £25.00 on delivery
Free Bottle of House Wine
on order over £15.00 on collection

Please quote this offer when booking
Not available with any other offer

SPECIAL SUNDAY BUFFET

Eat as much as you like £9.95
Child under 12 Years £4.95
1pm-10pm

1 GREENYARD, WALTHAM ABBEY
ESSEX EN9 1RD

0844 318 1305
calls via www.walthamabbeylife.co.uk

STARTERS

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| Mix Starter | £4.80 |
| Chicken Pakora | £3.20 |
| Tandoori King Prawn | £4.80 |
| Chicken or Lamb Tikka Puree | £3.20 |
| Kebab Muhibari | £3.20 |
| Pan cake stuffed with a delicious special lamb cooked to our own chef's recipe | |
| Sylhety Kebab | £4.40 |
| Chicken breast pieces dusted with garlic, mint, green chillie, fresh coriander then lightly charcoal grilled | |
| Lamb Chop | £4.00 |
| Spiced lamb chops marinated in yoghurt with black pepper & ginger cooked in charcoal grilled | |
| Fish Kufta | £3.00 |
| Bangladeshi mince fish and fried with garlic & fresh coriander | |
| Jhinga E Garlic | £4.60 |
| King prawn grilled in the tandoori with a hint of garlic and mint | |
| King Prawn Rani | £4.50 |
| King prawn prepared to our chefs secret recipe based on tamarind sauce | |
| Tandoori Chicken | £3.20 |
| Chicken or Lamb Tikka | £2.80 |
| Prawns Puree | £3.70 |
| Prawn Cocktail | £2.40 |
| King Prawn Butterfly | £3.80 |
| Meat or Vegetable Samosa | £2.50 |
| Sheek Kebab or Shami Kebab | £2.60 |
| King Prawn Puree | £4.50 |
| Chicken Chat or Lamb Chat | £3.40 |
| Pieces of chicken cooked with a special spice known as chat massala (sweet & sour) | |
| Aloo Chat | £2.30 |
| Pieces of potatoes cooked same as chicken | |

MUHINUR TANDOORI

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| Chicken or Lamb Tikka | £6.20 |
| Chicken or Lamb Tikka Massala | £7.20 |
| Tandoori Mixed Grill | £9.00 |
| Tandoori Chicken | £4.80 |
| Chicken or Lamb Shaslick | £6.90 |
| Spring chicken marinated in herbs and grilled on charcoal | |
| Sargah Tandoori Chicken (hot) | £5.00 |
| Tandoori King Prawn | £9.50 |
| Marinated in herbs and baked | |
| Tandoori King Prawn Massala | £10.60 |
| Marinated in herbs and baked | |
| Tandoori Pomfret | £6.90 |
| Queen of India fish, served whole marinated in mild spices and cooked with tomatoes, onions and capsicum, served with salad | |
| Duck Tikka | £7.20 |
| Duck Tikka Massala | £8.20 |
| Goa Style Mixed Exotic | £9.10 |
| Chicken tikka, lamb tikka & king prawn cooked in onions, green pepper with honey and other secret herbs | |

BIRIANY DISEHS

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| Chicken Tikka Biriany | £8.20 |
| Chicken or Lamb Biriany | £7.20 |
| Prawn Biriany | £8.20 |
| King Prawn Biriany | £9.20 |
| Chicken & Mushroom Biriany | £7.70 |
| Prawn & Mushroom Biriany | £8.70 |
| Mushroom or Vegetable Biriany | £6.20 |

CURRY DISHES

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| Chicken or Meat Curry or Madras or Vindaloo | £4.80 |
| Chicken or Meat Korma (very mild) | £5.20 |
| Chicken or Meat & Mushroom | £5.40 |
| Chicken Bombay | £5.40 |
| Chicken or Meat Malaya | £5.40 |
| Chicken or Meat Dupiaza | £5.40 |
| Chicken or Meat Bhuna | £5.40 |
| Chicken or Meat Rogan | £5.40 |
| Chicken or Meat Ceylon | £5.40 |
| Chicken or Lamb Sag | £5.40 |
| Chicken or Meat Chana | £5.40 |
| Keema Peas | £5.40 |

SIZZLUING DISHES

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| Chicken or Lamb Korai | £7.70 |
| Mildly spiced pieces of boneless chicken or lamb cooked with onion, tomatoes, capsicum in the korai and iron work, like utensil | |
| Chicken or Lamb Muhibi | £10.10 |
| Tikka served in cast iron sizzler with green pepper, onion, tomatoes and flaming brandy on top | |
| Duck (Bhuna / Jalfrezi / Dopiazza) | £8.10 |
| Lime Chilli Chicken or Lamb | £9.80 |
| Achari Lamb or Chicken (Bhuna / Jalfrezi / Dopiazza) | £9.20 |
| Tandoori King Prawn (Bhuna / Jalfrezi / Dopiazza) | £14.20 |
| Vegetable (Bhuna / Jalfrezi / Dopiazza) | £7.20 |

PERSIAN DISHES

Served with pilau rice

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| Chicken or Lamb Dansak or Pathia (hot & sour) | £6.60 |
| Chicken Tikka Dansak or Pathia (hot & sour) | £7.80 |
| Prawn Dansak or Pathia (hot & sour) | £7.00 |
| King Prawn Dansak or Pathia (hot & sour) | £9.20 |

SHELL FISH DISHES

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| Prawn Curry / Madras / Vindaloo | £5.80 |
| Prawn Korma Very mild | £6.00 |
| Prawn & Mushroom | £6.20 |
| Prawn & Spinach | £6.20 |
| Rogan Prawn | £6.20 |
| Prawn Bhuna | £6.20 |
| King Prawn Curry / Madras / Vindaloo | £7.50 |
| King Prawn Bhuna | £8.20 |
| King Prawn Korma | £8.00 |

CHEF'S SPECIAL

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| King Prawn Nurani | £11.00 |
| Large prawn grilled in shell then lightly spice with herbs in a thick sauce | |
| Makhon Chicken | £6.70 |
| Barbecued diced chicken spices tossed in butter with sauce cultured yoghurt, fresh cream and almond, served in exotic sauce | |
| Chicken or Lamb Pasanda | £6.70 |
| Sliced lamb cooked in fresh cultured yoghurt and mixed with ground nuts | |
| Jalfrezi (Chicken or Lamb) | £6.70 |
| Barbecued diced pieces cooked with tomatoes, onions, capsicum and green chillies | |
| King Prawn Jalfrezi | £10.70 |
| Tandoori King Prawn cooked as chicken jalfrezi | |
| Vegetable Jalfrezi | £5.60 |
| Mixed vegetable cooked as chicken jalfrezi | |
| Lamb Badam Pasanda | £6.70 |
| Grilled slices of mutton marinated in selected spices, fresh cream and cashew nuts, cooked in special sauce | |
| Duck Jalfrezi | £8.20 |
| Chicken Rezalla | £6.70 |
| King Prawn Nuri | £10.20 |
| King prawns in a mild sauce cooked with cashew nuts | |
| King Prawn Johl | £10.20 |
| Cooked in curry sauce delicately flavoured with oriental herbs and spice | |
| Green Chicken Curry | £6.70 |
| Cooked with fresh coriander, green chilli, mint and tamarind | |
| Chicken Shihabi | £6.70 |
| Highly special yet mildly flavoured and cooked in a special sauce | |
| Duck E Tamarind | £8.20 |
| Duck spiced in tamarind | £6.70 |
| Chicken or Lamb Abidah | £6.70 |
| Light spiced chicken or lamb cooked fresh fruit | |
| Boida Abidi | £6.70 |
| Egg cooked with chef's own secret recipe spiced minced lamb | |
| Garlic Chilli Chicken Massala | £6.70 |
| Garlic Chicken Tikka Bhuna | £6.70 |

BALTI SPECIALITIES

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| Balti Chicken or Lamb | £7.20 |
| Jalfrezi / Massala / Bhuna / Dupiazza | |
| Balti Hash Tikka | £8.20 |
| Jalfrezi / Massala / Bhuna / Dupiazza | |
| Balti King Prawn Chilli Massala | £11.20 |
| Balti Chicken or Lamb Chilli | £7.20 |
| Jalfrezi / Massala / Bhuna / Dupiazza | |

BANGLADESHI FRESH WATER FISH

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| Fish Kufta | £7.70 |
| Jalfrezi / Curry / Bhuna / Sizzling korahi | |
| Boal Fish | £7.70 |
| (on the bone) Jalfrezi / Curry / Bhuna / Sizzling korahi | |
| Rupchanda | £7.70 |
| (on the bone) Jalfrezi / Curry / Bhuna / Sizzling korahi | |
| Pangash Fish | £7.70 |
| (off the bone) Jalfrezi / Curry / Bhuna / Sizzling korahi | |