

## BALTI DISHES

Balti dishes are home style cooking prepared in a wok with combination of herbs and spices that makes this dish very exciting and popular, garnished with tomatoes and coriander & served with nan bread

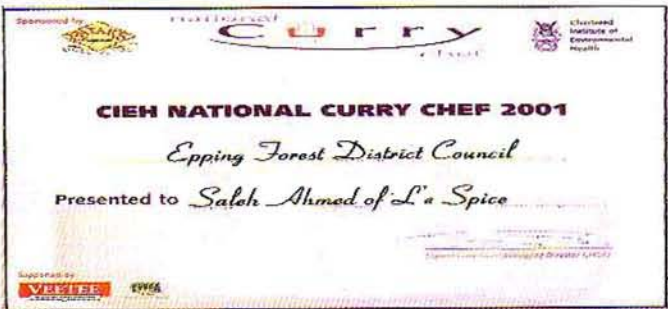
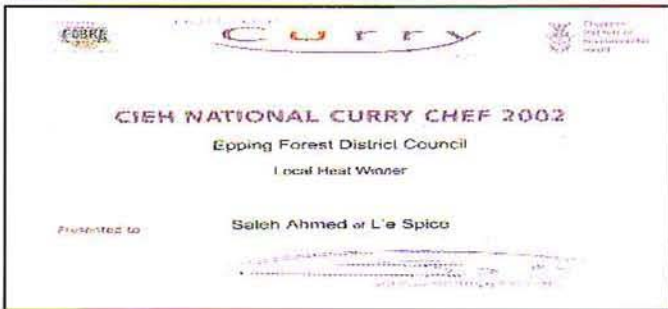
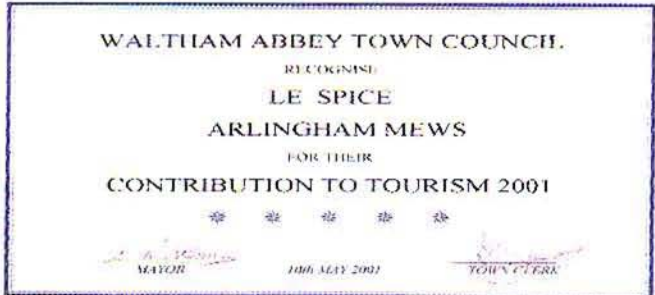
BALTI CHICKEN OR LAMB.....	£7.20
BALTI CHICKEN OR LAMB TIKKA.....	£7.95
BALTI PRAWN .....	£8.95
BALTI KING PRAWN .....	£9.95
BALTI CHICKEN TIKKA JALFREZI .....	£8.50
BALTI LAMB TIKKA JALFREZI .....	£8.50
LE SPICE BALTI MIX (Chicken & lamb tikka).....	£10.95

## RICE

BOILED RICE .....	£1.95
PULAU RICE .....	£2.10
SPECIAL FRIED RICE .....	£2.40
KEEMA RICE .....	£2.40
MUSHROOM RICE .....	£2.40
VEGETABLE RICE .....	£2.40
LEMON RICE .....	£2.40
COCONUT RICE .....	£2.40

## SUNDRIES

NAN.....	£1.80
KEEMA NAN .....	£2.10
CHEESE NAN .....	£2.10
PESHWARI NAN .....	£2.10
GARLIC NAN .....	£2.10
VEGETABLE NAN .....	£2.10
TANDOORI ROTI .....	£2.10
CHAPATI.....	£1.00
PARATHA.....	£1.80
STUFFED PARATHA .....	£2.10
MIX RAITHA.....	£1.50
PARADUMS (Plain or spicy) .....	£0.50
PICKLES .....	£0.50
CHUTNEYS .....	£0.50



*Private Parties Welcome*

All major credit cards accepted.

Cheques accepted with valid bankers card.



The management reserves the right to refuse service without giving any reason.

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*The Finest Exclusive  
Indian & Bangladeshi Cuisine in Town*

Fully licensed & Air conditioned

**Quality Guaranteed**



**FREE HOME DELIVERY**

for orders over £12 within 4 mile radius

**15% DISCOUNT**

on collection orders over £15

**Le Spice Sunday Buffet**

EAT AS MUCH AS YOU LIKE  
3 Starter, 3 Main Course, 3 Side Dishes,  
3 Sundries, Salad & Dessert.  
Adult £8.50 Child £4.25  
1.00pm to 10.30pm

1 Arlingham Mews, Sun Street,  
Waltham Abbey, Essex. EN9 1ED.  
[www.lespicecuisine.co.uk](http://www.lespicecuisine.co.uk)

**TUESDAY BANQUETING NIGHT**

Starter, Main Dish, Side Dish, Rice,  
Nan and Coffee or Tea.  
£10.95 per person  
King Prawn or Fish Extra £2.95

**TELEPHONE:**

**01992 768016 / 700726**

Open seven days a week including Bank holidays  
Mon-Thurs: 5.30pm to 11.30pm  
Fri-Sat: 5.30pm to Midnight  
Sunday: 1.00pm to 10.30pm

We do not use artificial colour on our food.

## STARTERS

ONION BHAJI .....	£2.20
ALOO CHAT .....	£2.50
CHICKEN SHAZMIN .....	£3.25
<i>Pan cakes stuffed with spiced chicken cooked to our chef's own recipe</i>	
LAMB SHAKIL .....	£3.25
<i>Pan cakes stuffed with spiced minced lamb cooked to our chefs own recipe</i>	
SAMOSA (Meat or Vegetable) .....	£2.50
CHICKEN CHAT .....	£3.00
CHICKEN TIKKA OR LAMB TIKKA .....	£2.95
MURG PEPPER .....	£4.10
<i>(Capsicum stuffed with chicken, deep fried covered with paste)</i>	
PRAWN PURE .....	£3.00
KING PRAWN PUREE .....	£4.25
KING PRAWN BUTTERFLY .....	£4.10
TANDOORI CHICKEN .....	£3.00
SHEEK KEBAB .....	£2.90
TANDOORI FISH TIKKA .....	£4.50
KAKRA .....	£5.50
<i>(Crab) Medium spiced, highly flavoured with coriander seeds. Served with salad)</i>	
MURUG NAZAKAT .....	£4.25
<i>(Chicken marinated with garlic paste cooked in clay oven. Served with salad and chef's own special sauce)</i>	
MURUG LIVER .....	£3.50

## TANDOORI SPECIALITIES

TANDOORI CHICKEN (HALF) .....	£4.95
TANDOORI KING PRAWN .....	£9.95
TANDOORI MIXED GRILL (NAN).....	£8.50
CHICKEN OR LAMB TIKKA .....	£5.50
CHICKEN OR LAMB SHASLICK .....	£6.50
<i>Pieces of marinated chicken and lamb skewered with onions capsicum &amp; tomatoes.</i>	

## CHEF'S SPECIALITIES

LE SPICE SPECIAL CHICKEN OR LAMB .....	£6.25
<i>Pieces of chicken or lamb cooked with almonds, cashew nuts, mango pulp &amp; cream</i>	
CHICKEN OR LAMB AMDANI.....	£6.25
<i>Pieces of chicken or lamb cooked with almonds, cashew nuts with mix fruit</i>	
CHICKEN OR LAMB PASANDA.....	£6.25
<i>Mild spiced chicken or lamb tikka cooked in creamy sauce and garnished with pistachio and almond</i>	
BUTTER CHICKEN OR LAMB TIKKA.....	£6.25
<i>Boneless chicken or lamb tikka pieces cooked in mild spices with almond &amp; butter</i>	
TANDOORI KING PRAWN PASANDA.....	£9.50
<i>Mild spiced king prawns cooked in creamy sauce and garnished with pistachio and almond</i>	
CHICKEN OR LAMB HONEY.....	£6.25
<i>Chicken or lamb pieces cooked in mild spices and flavoured with almonds and honey on top</i>	
LAMB BATHASHI.....	£8.50
<i>Lamb tikka medium spiced cooked with brandy and vegetables</i>	
CHICKEN OR LAMB MAKHANI.....	£6.25
<i>Deep fried chicken or lamb pieces served with special creamy sauce</i>	
CHICKEN OR LAMB TIKKA KORAI.....	£6.25
<i>Chicken or lamb tikka marinated in spices and grilled in a traditional charcoal tandoor then cooked in curry sauce with oriental herbs, spices and tomatoes</i>	
KING PRAWN ZAFRAN .....	£10.95
<i>King Prawns on shall cooked in medium spiced. Served with pilau rice.</i>	
TANDOORI KING PRAWN KORAI .....	£9.50
<i>King prawns barbecued in tandoori clay oven and cooked in curry sauce with oriental herbs and spices</i>	
CHICKEN OR LAMB SHAZANI .....	£6.95
<i>Cooked in medium spicy sauce with onions and pepper, garnished with tomato and lettuce</i>	
BADAMI CHICKEN OR LAMB TIKKA .....	£7.95
<i>Sliced tikka cooked in creamy sauce and garnished with sliced cashew and almond</i>	
CHICKEN OR LAMB TIKKA GARLIC .....	£6.25
<i>Chicken or lamb tikka cooked in rich spices with plenty of garlic and onions to give this dish extra ordinary flavour</i>	
CHICKEN OR LAMB TIKKA JALFREZI .....	£6.25
<i>Chicken or lamb tikka cooked in a hot spicy sauce madras strength with fresh green chillies</i>	
KING PRAWN JALFRAIZY .....	£9.50
<i>King prawn cooked in a hot spicy sauce madras strength with fresh green chillies</i>	
MURGH RUSHAN JALL .....	£6.25
<i>Chicken curry made with onions, ginger, green chillies and coriander garnished with fried garlic</i>	
MURGH ANHARI .....	£6.25
<i>The unique chicken dish is made with spicy mango chutney dry and spicy served in a wok</i>	
CHICKEN TIKKA GARLIC CHILLY .....	£6.25

## MASALA DISHES

CHICKEN OR LAMB TIKKA MASALA .....	£7.10
<i>Barbecued tender chicken or lamb tikka pieces cooked in a speciality prepared flavoured sauce</i>	
TANDOORI KING PRAWN MASALA.....	£9.90
<i>King Prawns roasted in tandoor and cooked in a speciality prepared delicious flavoured sauce</i>	
MIX VEGETABLE MASALA.....	£5.70

## PATIA

Patia is a medium hot dish very popular in our homeland

CHICKEN OR LAMB PATIA .....	£6.20
PRAWN PATIA .....	£7.20
KING PRAWN PATIA.....	£8.95

## DANSAK

Dansak is a sweet and sour dish cooked with lentils (Hot)

CHICKEN OR LAMB DANSAK .....	£6.20
CHICKEN OR LAMB TIKKA DANSAK .....	£7.20
PRAWN DANSAK.....	£7.95
KING PRAWN DANSAK .....	£8.95
VEGETABLE DANSAK .....	£4.95

## CHICKEN OR LAMB DISHES

CHICKEN OR LAMB KURMA .....	£5.20
<i>Chicken or lamb pieces cooked in mild spices and flavoured with almonds and fresh cream</i>	
CHICKEN OR LAMB DUPIAZA .....	£5.20
<i>Medium spiced chicken or lamb cooked with onions tomatoes &amp; green pepper</i>	
CHICKEN OR LAMB ROGAN .....	£5.20
<i>Pieces of chicken or lamb cooked in rich spicy sauce with tomatoes &amp; green pepper</i>	
CHICKEN OR LAMB JALFREZI .....	£5.20
<i>Chicken or lamb cooked in hot spicy sauce madras strength with green chillies</i>	
CHICKEN OR LAMB BHOONA.....	£5.20
<i>Chicken or lamb pieces cooked in spices and served with speciality prepared thick sauce fairly dry</i>	
CHICKEN OR LAMB SAG .....	£5.20
<i>Chicken or Lamb cooked with spinach in slightly spiced sauce</i>	
CHICKEN OR LAMB MADRAS OR VINDALOO...£4.85	

## SEA FOOD

PRAWN KURMA <i>Mild spiced prawns cooked with cream &amp; yoghurt</i> .....	£5.95
PRAWN MADRAS/ VINDALOO .....	£5.95
<i>(Prawns cooked in fairly hot spicy sauce)</i>	
PRAWN SAG .....	£5.95
<i>(Prawns cooked with spinach with lightly spiced sauce)</i>	
PRAWN BHOONA .....	£5.95
<i>Prawns cooked in spices and served with thick sauce fairly dry</i>	
KING PRAWN KURMA.....	£7.95
<i>Mild spiced king prawns cooked with cream and yoghurt</i>	
KING PRAWN MADRAS/VINDALOO .....	£7.50
<i>(King Prawns cooked in spicy sauce)</i>	
KING PRAWN BHUNA.....	£7.95
<i>King Prawns cooked in spices served with thick sauce fairly dry</i>	
KING PRAWN SAG.....	£7.95
<i>King prawns cooked with spinach with slightly spiced sauce</i>	

## BIRYANI DISHES

CHICKEN OR LAMB BIRYANI.....	£7.20
<i>Saffron flavoured rice cooked with spiced chicken or lamb &amp; served with vegetable curry</i>	
KING PRAWN BIRYANI .....	£9.95
PRAWN BIRYANI.....	£7.95
CHICKEN OR LAMB TIKKA BIRYANI.....	£7.95
LE SPICE MIX BIRYANI <i>Chicken lamb and prawn</i> .....	£8.50
VEGETABLE BIRYANI .....	£5.95

## FRESH VEGETABLE DISHES

ONION BHAJI .....	£2.20
SAG PANEER OR MUTTER PANEER <i>(Cottage cheese)</i> .....	£2.50
MIX VEGETABLE CURRY.....	£2.50
ALOO GOBI <i>(Potatoes and cauliflower)</i> .....	£2.50
MUSHROOM BHAJI .....	£2.50
BOMBAY ALOO <i>(Potatoes)</i> .....	£2.50
SAG BHAJI <i>(Spinach)</i> .....	£2.50
SAG ALOO <i>(Spinach and potatoes)</i> .....	£2.50
BINDI BHAJI <i>(Okra)</i> .....	£2.50
BRINJAL BHAJI <i>(Aubergine)</i> .....	£2.50
TARKA DALL <i>(Lentils)</i> .....	£2.50
GARLIC MUSHROOM .....	£2.50
CHANA MASALA <i>(Chick peas)</i> .....	£2.50
COURGETTE BHAJI.....	£2.50