

E FOR 3 PERSONS.....£25.00

Prawn & Mushroom
Sweet & Sour Pork Balls (12)
Beef & Mixed Vegetables
Chicken & Cashew Nuts
in Yellow Bean Sauce
Special Chop Suey
Large Portion Special Fried Rice
Crispy Prawn Crackers

F FOR 3 PERSONS....£25.00

Pancake Rolls (3)
Beef & Onions
Roast Pork & Mixed Vegetables
Shrimp Chop Suey
Chicken Chow Mein
Large Portion Special Fried Rice
Crispy Prawn Crackers

G FOR 4 PERSONS.....£40.00

Barbecued Spare Ribs (8)
Sweet & Sour Prawn Tail in Batter (12)
Special Chop Suey
Beef & Mixed Vegetables
Chicken & Cashew Nuts
Fried Chicken in Peking Sauce
Roast Pork & Beansprouts
Large Portion Special Fried Rice
Shrimp Chow Mein
Crispy Prawn Crackers

H FOR 4 PERSONS.....£55.00

* Large Portion *

Mixed Hors D'oeuvres
(Satay Chicken, Spare Ribs, Prawn Toast,
mini pancake rolls, Seaweed)
Crispy Aromatic Duck (Half)
Roast Pork Chow Mein
Sweet & Sour Pork in Hong Kong Style
Beef with Oyster Sauce
Szechuan Chili Chicken (Hot & Spicy)
Chicken with Green Pepper
in Black Bean Sauce
Prawn & Cashew Nuts in
Yellow Bean Sauce
Special Fried Rice
Crispy Prawn Crackers

UPSHIRE FISH BAR

Delicious

CHINESE FOOD TO TAKEAWAY

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0844 318 1370

OPENING HOURS

Monday & Bank Holiday 4:30 pm - 11:00 pm
Tuesday to Saturday 11:30 am - 2:00 pm
4:30 pm - 11:00 pm

Closed Sunday

FREE HOME DELIVERY

4.30pm - 10.30pm

FOR ORDERS OVER £15

(£1.00 Charge under £15
within 4 miles Radius)

**123 UPSHIRE ROAD
WALTHAM ABBEY, EN9 3PE**

SPECIAL DISHES

A1	Aromatic Duck.....	(1/4) £6.80 (1/2) £13.00 (served with 6 pancakes, sliced cucumber and spring onion)
A2	Roast Duck in Lemon Sauce.....	£4.80
A3	Sesame Prawn on Toast (1 1/2).....	£4.80
A4	Spiced Chicken Wing (6).....	£3.80
A5	Singapore Rice Noodle.....	£5.00
A6	Chilli Prawn.....	£5.00
A7	Beef Satay with Bean Shoot.....	£5.00
A8	Crispy Beef (Hot & Sour).....	£5.00
A9	Roast Pork with Beansprouts.....	£4.00
A10	Fried Chicken in Peking Sauce.....	£4.50
A11	Fried Beef in Peking Sauce.....	£4.50
A12	Prawn with Ginger & Spring Onion.....	£5.00
A13	Chicken with Ginger & Spring Onion.....	£4.50
A14	Crispy Seaweed.....	£3.30
A15	Satay Chicken (4 Skewers).....	£4.50
A16	Satay Beef (4 Skewers).....	£4.50
A17	Sweet & Sour Spare Ribs in Hong Kong Style.....	£4.50
A18	Beef and Cashew Nuts.....	£4.50
A19	Spare Ribs in Capital Sauce.....	£5.00
A20	Salted Spare Ribs (Dry) and Chilli.....	£5.00
A21	Crispy Mongolian Lamb.....	£4.50
A22	Chicken & Cashew Nuts in Yellow Bean Sauce.....	£4.50
A23	Roast Duck & Cashew Nuts in Yellow Bean Sauce.....	£5.00
A24	Prawns & Cashew Nuts in Yellow Bean Sauce.....	£5.00
A25	Satay King Prawn (4 Skewers).....	£5.50
A26	Szechuan Chilli King Prawns (Hot & Spicy).....	£5.50
A27	Szechuan Chilli Chicken (Hot & Spicy).....	£4.00
A28	Szechuan Chilli Beef (Hot & Spicy).....	£4.00
A29	Mixed Meat with Mixed Vegetables.....	£5.00
A30	Mixed Meat in Black Bean Garlic Chilli Sauce.....	£5.00
A31	Deep Fried Squids with Garlic Salt & Chilli.....	£5.50
A32	Deep Fried Lobster with Garlic Salt & Chilli.....	£ TBA
A33	Prime Lobster with Ginger & Spring Onion.....	£ TBA
A34	Crab with Ginger & Spring Onion.....	£ TBA
A35	Mussels in Black Bean Garlic Chilli Sauce.....	£5.00
A36	Deep Fried Mussels Garlic Salt & Chilli.....	£5.00
A37	Deep Fried Bean Curd Garlic Salt & Chilli.....	£3.50
A38	Deep Fried King Prawn Garlic Salt & Chilli.....	£5.00
A39	Fried Prawn with Butter Garlic Sauce.....	£5.00
A40	Crispy Roast Pork.....	£5.00
A41	Fried Squid in Black Bean Garlic Chilli Sauce.....	£5.00
A42	Chicken Wing in Peking Sauce.....	£4.00



SOUP

1	Chicken & Mushroom Soup.....	£2.00
2	Chicken & Noodle Soup.....	£2.00
3	Chicken & Sweet Corn Soup.....	£2.00
4	Crab Meat & Sweet Corn Soup.....	£2.00
5	Peking Soup (Hot & Sour).....	£2.50
5a	Wan Tun Soup.....	£3.00
5b	Mixed Veg Soup.....	£2.00

APPETIZERS

6	Barbecued Spare Ribs (6).....	£5.50
7	Barbecued Sauce.....	£1.00
8	Crispy Pancake Roll.....	£1.50
8a	Chicken Spring Roll with Sauce (2).....	£2.50
9	Crispy Prawn Crackers.....	£1.50
9a	Mixed Hors D'oeuvre.....	£8.00
	(Satay Chicken, Spare Ribs, Prawn Toast, mini pancake rolls, Seaweed)	
9b	Dumpling.....	£4.00
	(served soy sauce & vinegar with chilli)	
9c	Deep Fried Crispy Wan Tun.....	£3.50
9d	Vegetarian Mini Spring Rolls (8).....	£2.00
9e	Smoked Shredded Chicken.....	£4.50

CHICKEN DISHES

10	Chicken in Lemon Sauce.....	£4.50
11	Chicken & Mushroom.....	£4.20
12	Chicken & Pineapple.....	£4.20
13	Chicken & Mixed Vegetables.....	£4.20
14	Chicken & Cashew Nuts.....	£4.20
15	Chicken in Chinese Style.....	£4.20
16	Chicken & Bamboo Shoots.....	£4.20
17	Kung-Po Chicken (Hot & Spicy).....	£4.20
18	Chicken & Green Pepper in Black Bean Sauce & Garlic Sauce.....	£4.50
19	Garlic Chicken.....	£4.50
19a	Chicken in Satay Sauce.....	£4.50
19b	Chicken Outlet.....	£4.50
19c	Chicken in Honey Mustard Sauce.....	£4.50
19d	Fried Chicken in Sha Cha Sauce.....	£4.50

CHOP SUEY DISHES

20	Chicken Chop Suey.....	£4.00
21	Prawn Chop Suey.....	£5.00
22	Shrimp Chop Suey.....	£4.00
23	Special Chop Suey.....	£4.00
24	Beef Chop Suey.....	£4.00
25	Roast Pork Chop Suey.....	£4.00
26	Mushroom Chop Suey.....	£3.50



SWEET & SOUR DISHES

- 27 Sweet & Sour Pork Balls (12).....£4.00
- 28 Sweet & Sour Chicken Balls (10).....£4.50
- 29 Sweet & Sour Prawn Tail in Batter (10)....£5.00
- 30 Sweet & Sour Mixed Vegetables.....£3.50
- 31 Sweet & Sour Pork in Hong Kong Style....£4.50
- 31a Sweet & Sour Chicken in Hong Kong Style....£4.50
- 31b Sweet & Sour Prawn in Hong Kong Style.....£5.00
- 31c Sweet & Sour Fish in Batter Hong Kong Style..£4.50
- 32 Sweet & Sour Sauce.....£1.20
- 32a Capital Sauce.....£1.20
- 32b Satay Sauce.....£1.20

DUCK DISHES

- 33 Roast Duck Cantonese Style.....£5.00
- 34 Roast Duck & Pineapple.....£5.00
- 35 Roast Duck & Beanshoots.....£5.00
- 36 Roast Duck in Orange Sauce.....£5.00
- 37 Roast Duck & Cashew Nuts.....£5.00
- 37a Roast Duck & Green Pepper in
Black Bean Sauce & Garlic Sauce..£5.00
- 37b Roast Duck in Honey Mustard Sauce.....£5.00

BEEF DISHES

- 38 Beef in Oyster Sauce.....£4.20
- 39 Beef & Mushroom.....£4.20
- 40 Beef & Tomato.....£4.20
- 41 Beef & Mixed Vegetables.....£4.20
- 42 Beef & Onions.....£4.20
- 43 Beef & Green Pepper.....£4.20
- 44 Beef & Ginger & Spring Onions.....£4.20
- 45 Beef & Green Pepper in Black
Bean Sauce & Garlic Sauce.....£4.20
- 46 Beef & Pineapple.....£4.20
- 46a Beef in Honey Mustard Sauce.....£4.20
- 46b Fried Beef in Sha Cha Sauce.....£4.20

PORK DISHES

- 47 Roast Pork (Cantonese style).....£4.20
- 48 Roast Pork & Mushroom.....£4.20
- 49 Roast Pork & Mixed Vegetables.....£4.20
- 50 Roast Pork & Onions.....£4.20
- 50a Roast Pork in Honey Mustard Sauce.....£4.20

EGG FOO YOUNG DISHES (OMELETTE)

- 51 Chicken Foo Young.....£3.80
- 52 Prawn Foo Young.....£4.50
- 53 Mushroom Foo Young.....£3.00
- 54 Special Foo Young.....£3.80
- 55 Roast Pork Foo Young.....£3.80
- 55a Shrimp Foo Young.....£3.80
- 55b Plain Foo Young.....£3.00

PRAWN DISHES

- 56 Fried Prawn Cutlet (10).....£5.00
- 57 Crispy Prawn Tail in Batter (10).....£5.00
- 58 Prawn & Mushroom.....£5.00
- 59 Prawn & Bamboo Shoots.....£5.00
- 60 Prawn & Tomato.....£5.00
- 61 Prawn & Green Pepper in Black
Bean Sauce & Garlic Sauce.....£5.00
- 62 Prawn & Baby Corn.....£4.50
- 63 Kung Po Prawn (Hot & Sour).....£4.50
- 64 Prawn & Cashew Nuts.....£4.50
- 65 Prawn & Oyster Sauce.....£4.50
- 66 Prawn with Mixed Vegetables.....£4.50
- 66a Prawn in Honey Mustard Sauce.....£4.50
- 66b Fried King Prawn in Sha Cha Sauce.....£4.50

CURRY DISHES

- 67 Chicken Curry.....£4.20
- 68 Prawn Curry.....£5.00
- 69 Beef Curry.....£4.20
- 70 Roast Pork Curry.....£4.20
- 71 Mixed Vegetables Curry.....£3.50
- 72 Shrimp Curry.....£4.20
- 73 Mushroom Curry.....£4.20
- 74 Curry Sauce.....£1.30
- 74a Mixed Meat Curry.....£5.00



RICE DISHES

75	House Special with Rice.....	£5.00
76	Special Fried Rice.....	£3.80
77	Chicken Fried Rice.....	£3.80
78	Prawn Fried Rice.....	£4.80
79	Egg Fried Rice.....	£2.50
80	Boiled Rice.....	£2.20
80a	Shrimp Fried Rice.....	£3.80
80b	Roast Pork Fried Rice.....	£3.80
80c	Beef Fried Rice.....	£3.80
80d	Mushroom Fried Rice.....	£3.50
80e	Mixed Vegetable Fried Rice.....	£3.50
80f	Singapore Fried Rice.....	£4.50

CHOW MEIN (NOODLES)

81	House Special Chow Mein.....	£5.00
82	Special Chow Mein.....	£4.20
83	Chicken Chow Mein.....	£4.20
83a	Quarter of Chicken Chow Mein with Sauce.....	£4.80
84	Prawn Chow Mein.....	£4.80
85	Beef Chow Mein.....	£4.20
86	Roast Pork Chow Mein.....	£4.20
87	Plain Chow Mein.....	£3.20
87a	Shrimp Chow Mein.....	£4.20
87b	Singapore Chow Mein (Spicy).....	£5.00
87c	Roast Duck Chow Mein.....	£5.00
87d	Mixed Vegetables Chow Mein.....	£3.50
87e	Mixed Meat Chow Mein.....	£5.00
87f	Mushroom Chow Mein.....	£3.50

SIDE DISHES

88	Fried Mushroom in Gravy.....	£3.50
89	Fried Beanshoots.....	£3.00
90	Fried Mixed Vegetables.....	£3.50
91	Fried Onions in Gravy.....	£3.00
92	Fried Bamboo Shoots.....	£3.50
93	Vegetable with Cashewnuts in Yellow Bean Sauce.....	£3.50
93a	Fried Mix Vegetables in Honey Mustard Sauce.....	£3.50

THAI STYLE

94	Chicken with Hot and Spicy Sauce.....	£4.20
95	Beef with Hot and Spicy Sauce.....	£4.20
96	Prawns with Hot and Spicy Sauce.....	£5.00
97	Vegetables with Hot and Spicy Sauce.....	£3.50
98	Duck with Hot and Spicy Sauce.....	£5.00

DESSERTS

99	Apple Fritters in Syrup (4).....	£2.50
100	Banana Fritters in Syrup (4).....	£2.50
101	Pineapple Fritters in Syrup (4).....	£2.50

SPECIAL SET DINNERS



A FOR 1 PERSON.....£6.50

Sweet & Sour Pork Balls (8)
Chicken Chop Suey
Egg Fried Rice

B FOR 1 PERSON.....£7.00

Sweet & Sour Chicken Balls (6)
Beef Chop Suey
Egg Fried Rice

C FOR 2 PERSONS.....£14.00

Chicken & Mushroom
Beef Chop Suey
Sweet & Sour Pork Balls (10)
Special Fried Rice

D FOR 2 PERSONS.....£14.00

Beef & Mushroom
Chicken Chop Suey
Roast Pork Chow Mein
Egg Fried Rice